FACULTY

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Massachusetts General Hospital, Boston, MA

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ASA Guest Speaker by "Zoom Presentation"
Linda J. Mason, M.D., FASA
President-Elect
American Society of Anesthesiologists

TUITION & REGISTRATION

- **ADVANCE REGISTRATION:**
- **Two Day Fees:** NESA/CSSA Members: $345 ~ Non-Members: $425 ~ CRNAs: $350 ~ Interns/Residents: $75 (with letter from director of training program)
- **One Day Fees:** NESA/CSSA Members: $175 ~ Non-Members: $215 ~ CRNAs: $180 ~ Interns/Residents: $50 (with letter from director of training program)
- **FIRST TIME REGISTRANTS:** attending within four years of completion of training are eligible for a one time reduced registration fee of $170 for 2 days ~ $100 for 1 day.
- ***Physicians can join NESA today for $50 to receive member rates.***
- **TUITION PAYMENT:** By check in advance. Credit card registration in advance/on site at registration. No late fees if registering in advance and paying on site with credit card.

LATE REGISTRATION: After September 13, 2018, tuition will be stated fee plus $50.

CANCELLATION POLICY: Full refund if request is received by August 20, 2018. Fifty percent (50%) tuition refund if received after August 21, and before September 13, 2018. No refund if request is received after September 14, 2018.

QUESTIONS? Please contact NESA if you have any questions (508-866-1144) or **NESABOX1@verizon.net**.

DOWNLOADS: To download flyer and registration form: **www.nesa.net**

NESA
New England Society of Anesthesiologists
www.nesa.net

Mystic Marriott Hotel & Spa
625 North Road, Groton, CT
www.mysticmarriott.com

Join us in New England

61st ANNUAL NESA FALL CONFERENCE

NESA
New England Society of Anesthesiologists

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Albert Einstein College of Medicine

Jointly Provided by
The Albert Einstein College of Medicine and
The New England Society of Anesthesiologists, Inc.

Supported by an educational grant from Pacira Pharmaceuticals

SEPTEMBER 20-23, 2018

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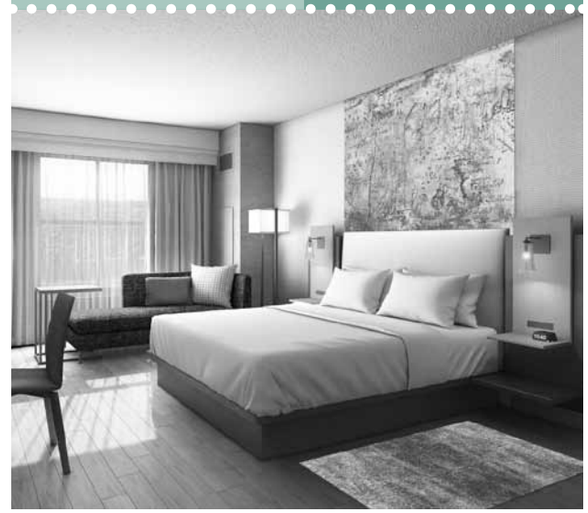
HOME and AWAY: Topical Updates in Perioperative Medicine, OB, Sepsis, Pain Treatment and Global Medicine

Salvatore J. Basta, M.D., Academic Chair, NESA
Assistant Professor of Anaesthesia, Harvard Medical School @ MGH
Chief of Anesthesiology and Medical Director of Day Surgery
MG/NS Center for Outpatient Care, Danvers, MA

NESA



GOALS / OBJECTIVES

NESA 61 addresses the following gaps: gaps that effect physician performance that may impede patient care. Actionable working knowledge of Peri-operative surgical home in design and implementation of peri-operative pathways. Algorithmic approach to shared care. For pre-, intra-and post-op team management. Same for approach to high risk, cognitively impaired patients. For all anesthesiologists participating in obstetric care: 1)Knowledge of opioid abuse and maternal and fetal implications by learning and using an Opioid Use Disorder Bundle and relevant and appropriate anesthesia management; 2) To become knowledgeable and understanding of new VTE thromboprophylaxis guidelines to be used in the decision-making process regarding neuraxial anesthesia. Reveiw the epidemiology of persistent post-op pain and its effects on patients. The current thinking of mechanisms of causation and how design appropriate pre-, intra-and post-op strategies for practicing anesthesiologists and pain management caregivers. For intensivists and critical care-anesthesiologists; learn, review and ciritcally appraise the updated Sepsis-3 definition and guidelines and recommendations for improving outcomes and decreasing mortality in spesis. The OR anesthesiologist with the knowledge to care for patients now and to integrate new findings into care pathways. For all healthcare workers: The great need for improving and sustaining improvement in global healthcare will be described. Instill energy in those wishing to participate and inform how to start and suggest pathways and organizations to sustain and grow the global health community from one who has walked the walk.

The Interactive Interscalene Brachial Plexus & Fascial Plane Workshop is intended for anesthesiologists of all skill levels who wish to improve their skills at performing ultrasound-guided interscalene brachial plexus block, as well as fascial plane blocks (transversus abdominis plane (TAP), rectus sheath, quadratus lumborum (QL), pectoralis (PECS I & II, serratus plane block), and fascia iliaca plane block), as well as ultrasound-guided infiltration techniques for knee surgery. The workshop focuses on the effective and safe use of a variety of local anesthetics (including liposomal bupivacaine) in these regional anesthetic techniques, including proper method of administration, admixing with bupivacaine HCl, appropriate volumes and concentrations of these local anesthetics, and tips and tricks on the perioperative management of patients who undergo these blocks. This interactive workshop will feature small participant-to-instructor ratios and customized curriculum focusing on developing hands-on skills. Each technique will be taught by experienced instructors using dynamic multimedia presentations, live demonstrations, state of the art 3D virtual cadaver imaging and guided hands-on live model scanning.

Accreditation Statement:
The activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Albert Einstein College of Medicine and the New England Society of Anesthesiologists (NESA). Albert Einstein College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement:
Albert Einstein College of Medicine designates this live activity for a maximum of *10.5 AMA PRA Category 1 Credit(s) ™*. Physicians should only claim credit commensurate with the extent of their participation in this activity.

9.5 credits meet the criteria of the Massachusetts Board of Registration in Medicine for risk management study.

Maintenance of Certification in Anesthesiology™ program and MOCA® are registered trademarks of The American Board of Anesthesiology®.

MOCA 2.0® is a trademark of The American Board of Anesthesiology®.

This activity contributes to the patient safety CME requirement for the CME component of the American Board of Anesthesiology's (ABA) redesigned Maintenance of Certification in Anesthesiology Program™ (MOCA®) program, known as MOCA 2.0®. Please consult the ABA website, www.theABA.org, for a list of all MOCA 2.0 requirements."

AGENDA

Thursday, September 20, 2018

3:00 pm **Registration** – *Lobby*

6:00 pm **Cocktail Reception** – *Mystic Foyer*

7:00 pm **Buffet Dinner** – *Mystic Salon A*
ASA Update
Linda J. Mason, M.D. FASA
President-Elect, ASA (Zoom Presentation)

9:15 pm **NESA Annual Meeting** – *Mystic Salon C*

AGENDA

www.nesa.net

Friday, September 21, 2018

7:30 am **Coffee/Registration** – *Mystic Salon D*

8:00 am **Welcome** – *Mystic Salon A*
Daniel O'Brien, M.D.
NESA President, Moderator

8:10 am **The Anesthesiologist and the Perioperative Surgical Home** (.5 CME) (MOCA®)
Angela Bader, M.D., MPH

8:40 am **Opioid and Other Substance Abuse in Pregnancy: Strategies for Success** (.5 CME) (MOCA®)
Lisa Leffert, M.D.

9:10 am **Multimodal Analgesia-Can It Prevent the Development of Chronic Post-Operative Pain?**(.5 CME) (MOCA®)
Paragi Rana, M.D.

9:40 am **Coffee Break** - *Mystic Salon D*

10:20 am **A Focused Update on Sepsis: Impact of Sepsis-Three Recommendations** (.5 CME) (MOCA®)
Abraham Sonny, M.D.

10:50 am **David M. Little, M.D. Memorial Lecture Anesthesia-From the Ether Dome to Sub Saharan Africa** (1 CME) (MOCA®)
Lena E. Dohlman, M.D., M.P.H.

12:00 pm **Meeting Adjourns -** Free time
NESA Golf tournament - *Shennecossett Golf*
Walk race – Bluff Point State Park
Sightseeing, shopping, etc.

Dinner – ***On Own -- Be sure to plan ahead to be back for the 8:30pm Cracker Barrel Session***

8:30 pm to 10:15 pm **Cracker Barrel Session** - *Mystic Salon* A (1.75 CME) (MOCA®)
An interactive session between speakers from both days and meeting participants
Salvatore J. Basta, MD, Moderator
Questions/Answers – Speaker Panel
Refreshments

Saturday, September 22, 2018

6:15 am **5K Fun Run** – *Bluff Point State Park*

8:20 am **Introduction** – *Mystic Salon A*
Peng Xiao, M.D., NESA Vice President, Moderator

8:30 am **The Anesthesiologist's Role in Shared Decision Making** (.5 CME) (MOCA®)
Angela Bader, M.D., MPH.

9:00 am **Increased Use of Heparin for VTE Prophylaxis: What Does That Mean for Neuraxial Anesthesia?** (.5 CME) (MOCA®)
Lisa Leffert, M.D.

9:30 am **Methadone, Suboxone, Naltrexone? Managing the Patient with a Substance Use Disorder** (.5 CME) (MOCA®)
Paragi Rana, M.D.

10:00 am **Coffee Break** – *Mystic Salon D*

10:45 am **Early Detection of Sepsis and Infection: What is New?** (.5 CME) (MOCA®)
Abraham Sonny, M.D.

11:15 am **Post-Lecture Panel** (.75 CME) (MOCA®)
Peng Xiao, M.D., Moderator
Questions/Answers – Speaker Panel

11:30 -1pm **Connecticut State Society of Anesthesiologists Annual Meeting** – *Conference Room #5*
Open to CSSA Members

Noon **Workshop Luncheon Buffet** - *Mystic Salon D*

1-4:10pm **Welcome, Introduction & Overview of the Workshop Agenda** (MOCA®) **Matching the Block Duration to the Pain Burden: Interactive Interscalene Brachial Plexus & Fascial Plane Workshop** (3.0 CME)

1:10pm **Analgesic Challenges and the Rational Use of Local Anesthetics for Interscalene Brachial Plexus Block and Fascial Plane Blocks** (MOCA®)
Jeff Gadsden, M.D., FRCPC, FANZCA

1:30pm **Transversus Abdominis Plane Blocks (Classic & Subcostal), Rectus Sheath Blocks, and fascia Iliaca Plane Block** (MOCA®)
Didactic Session, 3D Virtual Cadaver Anatomy, Demo and Live Scanning

2:15pm **PECS I, PECS II, Serratus Plane Block** (MOCA®)
Didactic Session, 3D Virtual Cadaver Anatomy, Demo and Live Scanning

3:15pm **Quadratus Lumborum Block, Posterior Capsule Infiltration (iPACK)** (MOCA®)
Didactic Session, 3D Virtual Cadaver Anatomy, Demo and Live Scanning

4:00pm **Final comments and adjourn** (MOCA®)

6:00 pm **Reception** – *Mystic Ballroom*

7:00 pm **Annual Banquet** – *Mystic Ballroom*
Awarding of Prizes - Installation of Officers

NESA New England Society of Anesthesiologists

Einstein Montefiore | Center for Continuing Medical Education

MYSTIC MARRIOTT HOTEL & SPA / REGISTRATION FORM – September 20-23, 2018

The staff and management of Mystic Marriott Hotel & Spa in Groton, CT look forward to your stay. To be assured of accommodations, please contact Mystic Marriot Hotel, Reservations Toll Free 877-901-6632 between 9:00 am – 8:00 pm Eastern Time Monday-Friday, or access booking website at **https://book.passkey.com/go/NESA2018MysticMarriott** **by August 23, 2018**. Be sure to **reference the New England Society of Anesthesiologists (NESA)** to receive the group rate. Accommodations will be assigned on a first-come, first-serve basis. **Your special group rate of $179** (Run of House) will not be offered after this cut-off date (state tax not included in this price-currently 15% per room per night). Accommodations are at a premium, reserve early! Individual guest reservations must be guaranteed by a major credit card. Individuals are required to cancel reservations at least 48 hours prior to arrival to avoid a charge including one night's room rate plus tax. Cancel by calling the hotel directly at 860-446-2600 or by calling Marriott Reservations at 1-866-449-7390. **Check-in time is 4:00 PM**. **Check-out time is 11:00 AM.**

We have planned a reception/buffet dinner for Thursday and reception/banquet dinner on Saturday evening. Friday night dinner you will be on your own. Please plan your Friday evening so you will be back in time to take part in the **Cracker Barrel Session, starting at 8:30 pm**. **The Cracker Barrel session is part of the CME program.**

The **Offshore Clam Boil Buffet Dinner will be on Thursday evening at $84.34 per person** (this price includes tax and gratuity)
Dr. Linda Mason, President-elect of the ASA will present the "ASA Update" on Thursday evening via Zoom technology. The NESA Annual Meeting will be held after dinner on Thursday evening at 9:15 PM in Mystic Salon C.

New this year **as part of the program on Saturday afternoon is the Interactive Interscalene Brachial Plexus & Fascial Plane Workshop using virtual cadaver.** There will be a luncheon for the workshop registrants.

Saturday's Banquet Dinner will be a combo with Filet Mignon and Seared Swordfish for $77.85 per person, these prices include all taxes and gratuities**.** Please reserve your evening meals and pay with your meeting registration, note if you have any food allergies.

Coffee, tea, juice will be available during the meeting in the Exhibit Hall for registrants and exhibitors.

NESA Annual Golf Tournament at Shennecossett Golf Course – Friday afternoon-don't forget to bring your clubs! Sign up below.

NESA 5K Fun Run – will take place on Saturday at 6:15 AM (if enough interest). Bring your gear!

Be sure to go to Mystic Marriott Website www.mysticmarriott.com - new SPA on site – call ahead to make your appointments.
For Mystic Attractions and discount tickets, go to https://mystic.org/.

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(tear here and return the bottom form to NESA to register for the meeting and to reserve your meals for Thursday and Saturday)

Meeting Registration: Mail this form to: **NESA, Inc., 61st Annual Fall Conference**, PO Box 904, South Carver, MA 02366
Questions? Call 508-866-1144, or Email: NESABOX1@verizon.net

(Please Print)
Person Attending Conference:___________________________ Hospital Affiliation: ________________________________

Name of guest (s)____

Street Address: ______________________________________ City/State/Zip: ____________________________________

Email Address: __________________________________ Phone: ____

Staying at Resort? ____ Yes____ No ABA Number: ____________________________________

Interested in playing in the **Golf Tournament** on Friday at the Shennecossett Golf Course? ______
How many: ________ Potential partner(s) ____
Tournament Fee: $35.00 **Shennecossett Golf Course Fee $58** [includes cart] will be charged to your room

Reserve here for your Dinner – Thursday and/or Saturday
Thursday Offshore Clam Boil Buffet ____ number $84.34 per person (all taxes/gratuities included in price)
Saturday Banquet Dinner (Filet Mignon/Swordfish) ____ number $77.85 per person (all taxes/gratuities included in price)

NESA member? ____ Yes ____ No **Interested in Membership?** ____ Yes ____ No **Yearly dues $50**
(If not a NESA member, join now and save on your registration fee this year)

• *See brochure to compute correct amount for meeting registration fee*
Check enclosed: $ ____________ or, Credit Card No. ____
Credit Card Amount: $_________ MC ____ VISA ____ Exp. Date: _______*(date must be later than Nov. 1, 2018)*
Meeting Amount _____ Membership ______ Golf Tournament _____
Thurs, NE Clam Boil Buffet Dinner(s) _____ Sat. Banquet Dinner(s) _____
Signature: ____ Date: ____

****

Office Use:
CC Confirmation Number ____________________________ Amount ________________
Check Number ___________________________________ Amount ________________

Matching the Block Duration to the Pain Burden:
Interactive Interscalene Brachial Plexus & Fascial Plane Workshop

Date/Time: Saturday, September 22, 2018, 1:00-4:10 pm
Location: Mystic Marriott, Mystic Salon D

Activity Description:
This workshop is intended for anesthesiologists of all skill levels who wish to improve their skills at performing ultrasound-guided interscalene brachial plexus block, as well as fascial plane blocks (*transversus abdominis plane (TAP), rectus sheath, quadratus lumborum (QL), pectoralis (PECS I & II, serratus plane block), and fascia iliaca plane block)*, as well as ultrasound-guided infiltration techniques for knee surgery. The workshop focuses on the effective and safe use of a variety of local anesthetics (including liposomal bupivacaine) in these regional anesthetic techniques, including proper method of administration, admixing with bupivacaine HCl, appropriate volumes and concentrations of these local anesthetics, and tips and tricks on the perioperative management of patients who undergo these blocks. This interactive workshop will feature small participant-to-instructor ratios and a customized curriculum focusing on developing hands-on skills. Each technique will be taught by expert instructors using dynamic multimedia presentations, live demonstrations, state of the art 3D virtual cadaver imaging and guided hands-on live model scanning.

Objectives:
- Review the principles and evidence supporting the use of long-acting local anesthetics in interscalene brachial plexus blocks and fascial plane blocks of the trunk and lower limb
- Demonstrate skill in ultrasound guided interscalene brachial plexus block and specific fascial plane block techniques via hands-on practice on live models, phantom stations
- Understand the relevant anatomy and sonoanatomy for performing ultrasound guided interscalene brachial plexus and fascial plane blocks of the trunk
- Describe the indication, contraindication and best practice techniques for performing interscalene brachial plexus and fascial plane blocks of the trunk and lower limb.

Agenda:

1:00-1:10: **Welcome, Introduction, & Overview of the Agenda**
Jeff Gadsden, MD

1:10-1:30: **Analgesic Challenges and the Rational Use of Local Anesthetics for Interscalene Brachial Plexus Block and Fascial Plane Blocks**
Jeff Gadsden, MD

1:30-2:15: ***Transversus Abdominis Plane Blocks (Classic & Subcostal), Rectus Sheath Blocks, Fascia and Iliaca Plane Block***
Didactic session, 3D Virtual Cadaver Anatomy, Demo and Live Scanning

2:15-3:15: ***PECS I, PECS II, Serratus Plane Block***
Didactic session, 3D Virtual Cadaver Anatomy, Demo and Live Scanning

3:15-4:00: ***Quadratus Lumborum Block, Posterior Capsule Infiltration (iPACK)***
Didactic session, 3D Virtual Cadaver Anatomy, Demo and Live Scanning

4:00: Final comments and adjourn